

Back, Joint, or Muscle Pain?

MotivHealth has partnered with RecoveryOne to give you quick, convenient access to licensed physical therapists.

motivhealth® +  **recoveryone**™

Get Support to Address:



New Injuries



Nagging Aches



Chronic Pain

Connect online with a licensed physical therapist for help with back, joint, and muscle conditions of all kinds. This telehealth benefit is available to all covered members, age 18+, for **\$0 out-of-pocket** with your MotivHealth incentive.

How it Works

Create your account

Simply enroll online to claim this benefit at no cost with your MotivHealth incentive.

Schedule your virtual consultation

Meet with a licensed physical therapist for your expert assessment.

Get your plan

Talk to your PT about treatment options and get a plan to improve your pain, strength, and mobility.



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Get on the path toward less pain.

Scan the QR code or visit recoveryone.com/motivhealth to learn more.