



In addition to your MotivHealth medical benefit, DPS also provides you with access to **HealthiestYou**, a telemedicine provider. This benefit allows you to access licensed medical professionals—at home or on the go—without having to schedule an appointment or take time off work.

While utilization of this benefit is **free for general medical questions**, you can also access mental health professionals at a fraction of the cost. This means you can contact a **licensed psychiatrist or therapist** telephonically and only pay 20% of the costs (after member reimbursement) as only your coinsurance will apply.

## MENTAL HEALTH SERVICES

### Accessing Mental Health Services via HealthiestYou

- 1 Download the HealthiestYou **mobile app** or contact HealthiestYou at **866-703-1259**.
- 2 **Schedule** your mental health visit and **pay in advance** for the desired services (psychiatrist = \$200/evaluation or \$95/ongoing sessions; therapist = \$85/session).
- 3 **Complete and submit** your MotivHealth medical reimbursement form (located at [motivhealth.com/dps](http://motivhealth.com/dps)) with proof of payment to MotivHealth.
- 4 **Receive member reimbursement** of the total visit cost, minus your 20% coinsurance

Questions? Call us at **844-234-4472**



MotivHealth.com/dps

