

motivhealth®

STEPS INCENTIVE



WHAT IS IT?

Earn \$1 for every day you walk 8,000 or more steps, up to 20 days per month. Earnings are deposited into your HSA.

Add the \$10 December bonus and that's \$250 a year. Get your spouse onboard and it's \$500!

LEARN MORE



MOTIVTRAX



HOW TO PARTICIPATE

1

Go to Member Account

Log into member.motivhealth.com, or create an account following the prompts if you don't already have one.

2

Choose a Steps Device

If you don't already own a device that tracks your steps, visit the QR code below to request your **FREE MotivTrax device**.

3

Connect Member Account

Allow your app to sync with your member account. (Instructions at QR code.)

4

Earn Cash for Cardio

Be sure to log your steps!

844-234-4472

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